Cardiac Imaging for Nursing

김현주 RN, RDCS

Severance Hospital



Nurse, Nursing





Nursing Specialty



"The 1st Coronary Care Unit" (1962)

-A New Era of Specialization

"CCU nurses expanded their scope of practice"

- -Identifying cardiac arrhythmia
- -Administrating IV medications
- -Defibrillating

The specialty, 50 years after...



Imaging, Nursing

- Assess
- Educate
- Counsel
- Administer medication

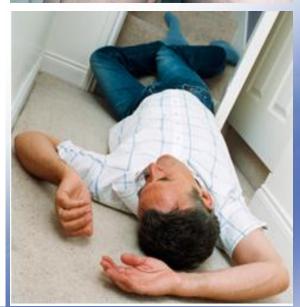




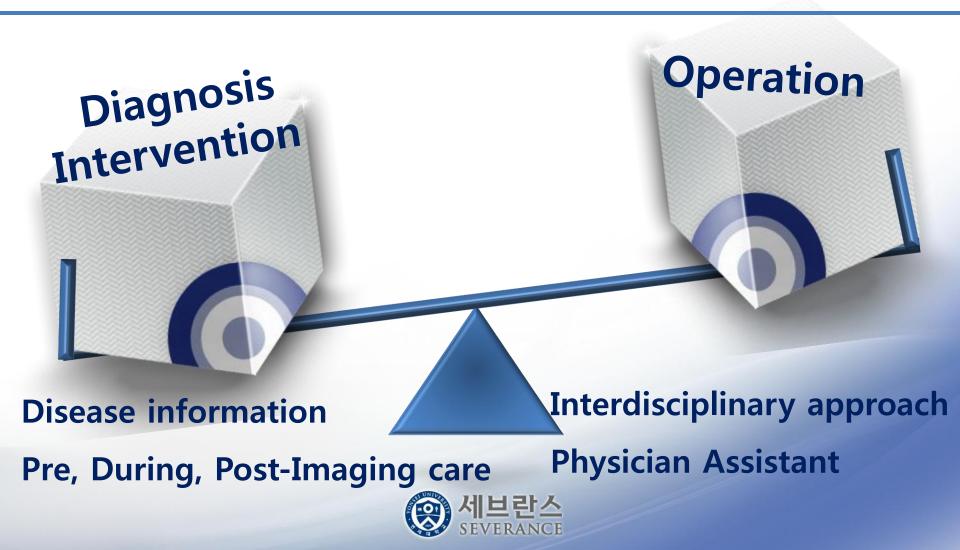








Cardiac Imaging & Nursing Specialty





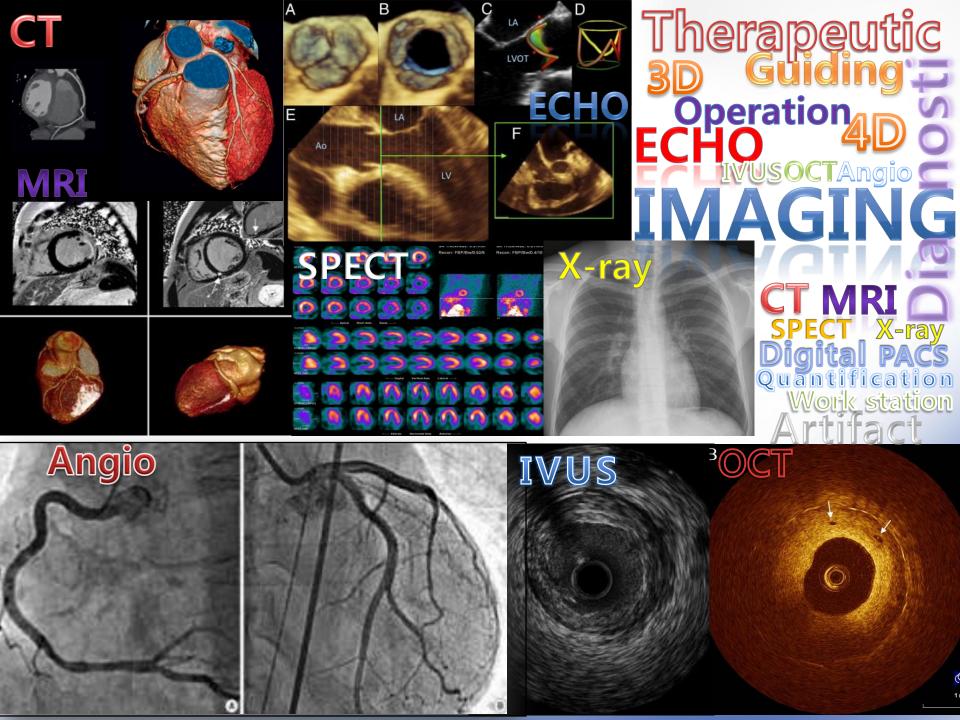
Nursing Specialties

- 1. Advanced Practice Registered Nursing
- 2. Ambulatory Care Nursing
- 3. Business in Nursing
- 4. Bariatrics Nurse (Super new!)
- 5. Camp Nursing
- 6. Cardiac Care Nursing
- 7. Cardiac Cath Lab Nursing
- 8. Case Management Nursing
- 9. Clinical Nurse Leader
- **10.Clinical Nurse Specialist**

86. Radiology Nursing

Sample of Reported Job Titles

Radiology Nurse, Echo Radiology PRN, Radiology Technician, Radiology Support Services Nurse, Combined Lab and Radiology Technician



RDCS Registered Diagnostic Cardiac Sonographer

자격

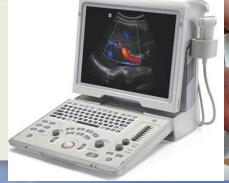
- 학사학위자, 예정자
- 12 개월 임상초음파 경험



- 학위증명서 or 성적증명서 (미국공증)
- CV (clinical verification) form
- CME (continuing medical education) 이수증
- 여권

시험

- ARDMS 시험 신청 (SPI + AE)
- 시험 (SPI + AE)
- 취득 (RDCS)







Cases

- Excellent Imaging, EchoCoronary artery diseaseValvular heart disease
 - Arrhythmia(AF)



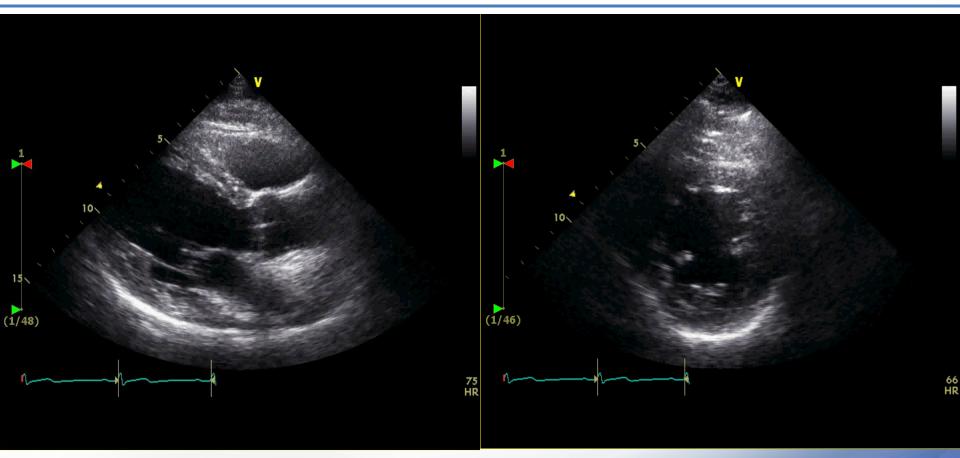
Cardiac Imaging, Echo

- EF systolic function
- E/E['] diastolic function
- WM coronary vs. myocardial
- Valve congenital vs. acquired



Chest pain M/63

#Excellent Imaging, Echo



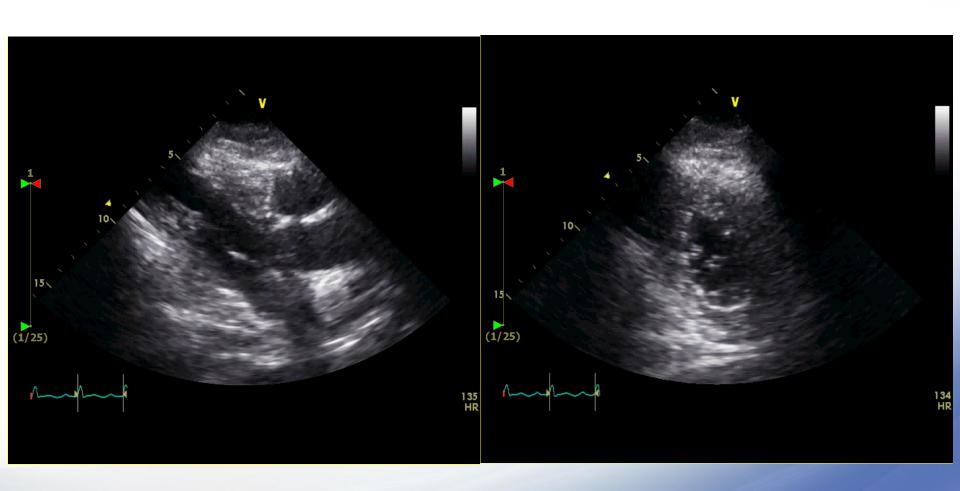
Mild CAD (LCx 30%,RCA minimal)







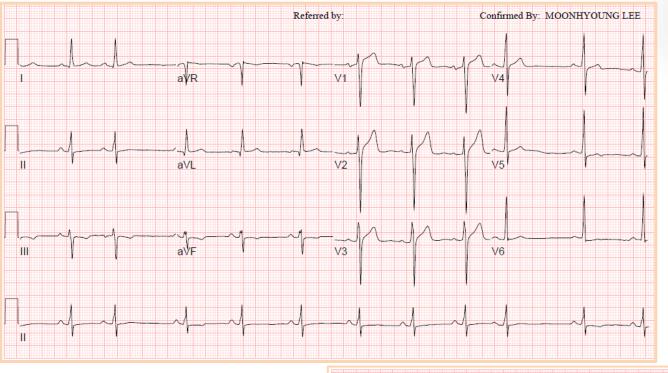
3hrs later, Cardiac arrest









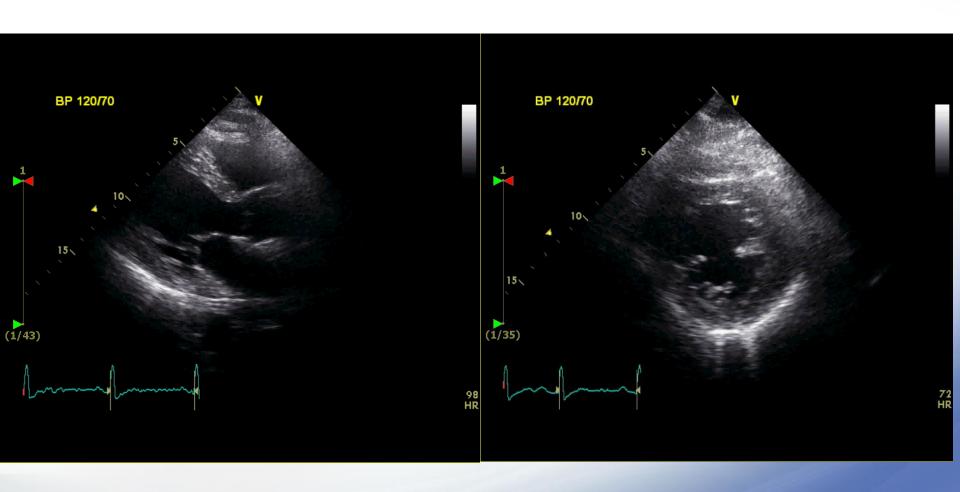


Baseline

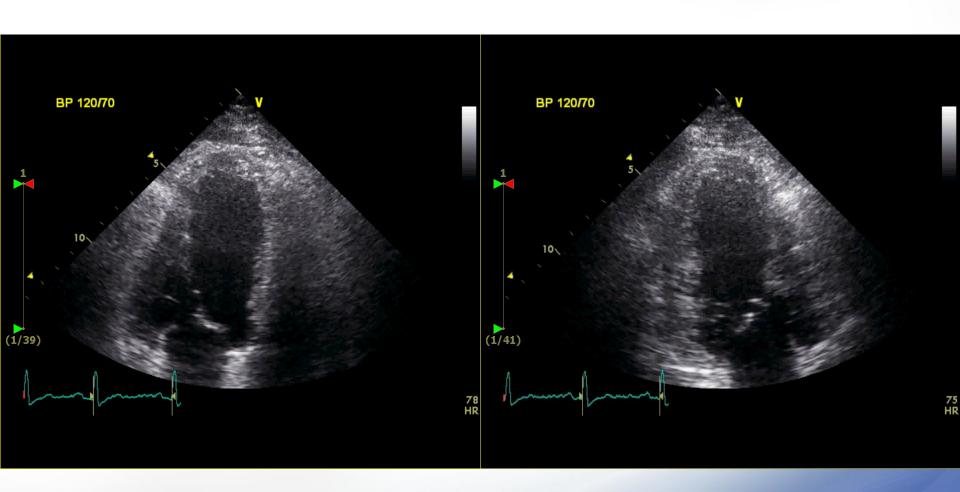


Chest pain

3days later, Recovered











Nearly normal coronary artery

RCA spasm



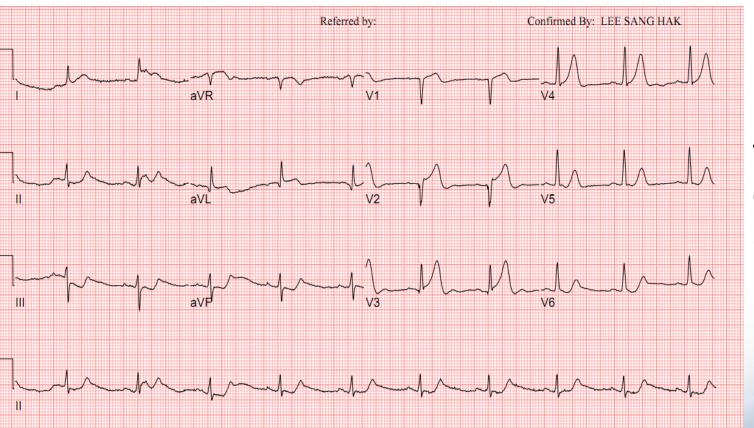
Echo: Excellence

- Easy accessibility (bedside)
- Portability
- Repeatability
- Hemodynamic assessment
- High temporal resolution
- No radiation hazard



M/62, Chest pain

#Coronary artery disease



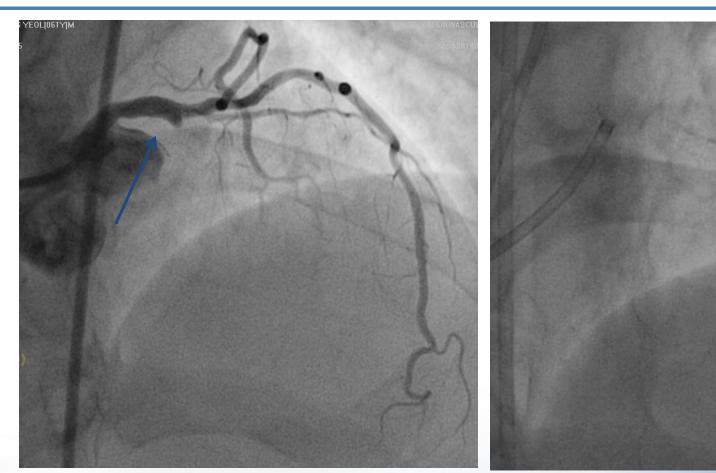
Troponin-T 0.025 CK-MB 65.9

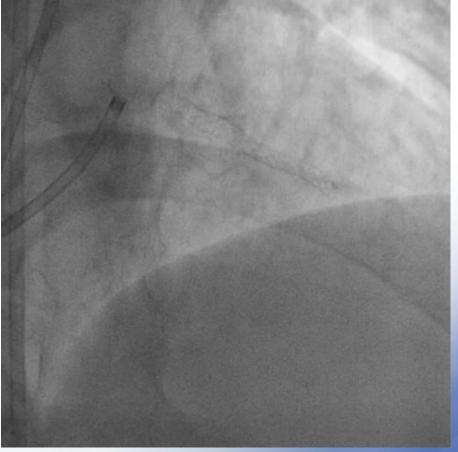
통증강도 7(VAS)

STEMI (V2~4): S/P Direct PTCA with stent at p-LAD (Door to balloon time 20분)



Coronary angiography

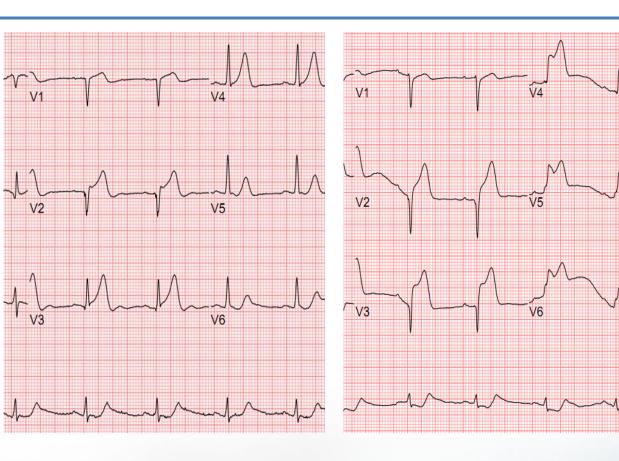




S/P Direct PTCA with stent at p-LAD(Biomatrix flex) (Door to balloon time 20분)



1hour later, PEA arrest

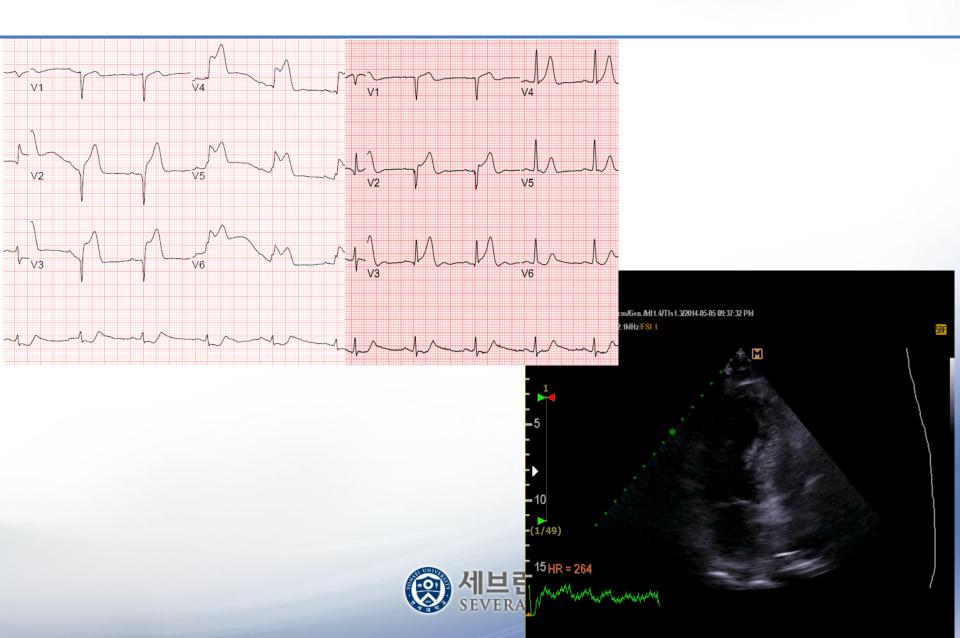


ER(pre PTCA) CCU(post PTCA)



- -17:47 PTCA
- -17:59 CCU Adm
- -18:00 Chest pain (NPIS: 5, 쑤심) morphine 2mg
- -18:05 Chest pain (NPIS: 5, 쑤심) morphine 3mg
- -18:10~45 Chest pain (NPIS: 5, 쑤심) observation
- -18:50 Chest pain (NPIS: 5, 쑤심) morphine 3mg
- -18:55 HR 30BPM
- -18:56 PEA

Baseline?!



Coronary angio (1hr)



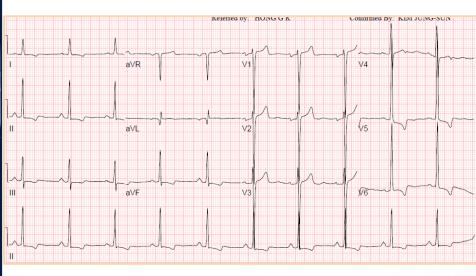
Acute stent thrombosis: Aspiration and ballooning

→ Importance of monitoring

M/84, Dyspnea, Chest pain

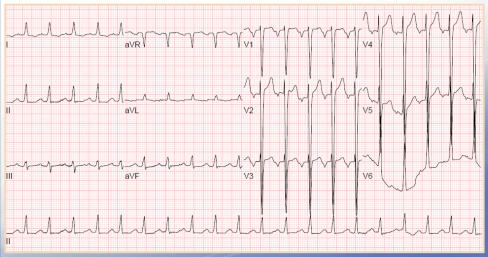
#Valvular heart disease



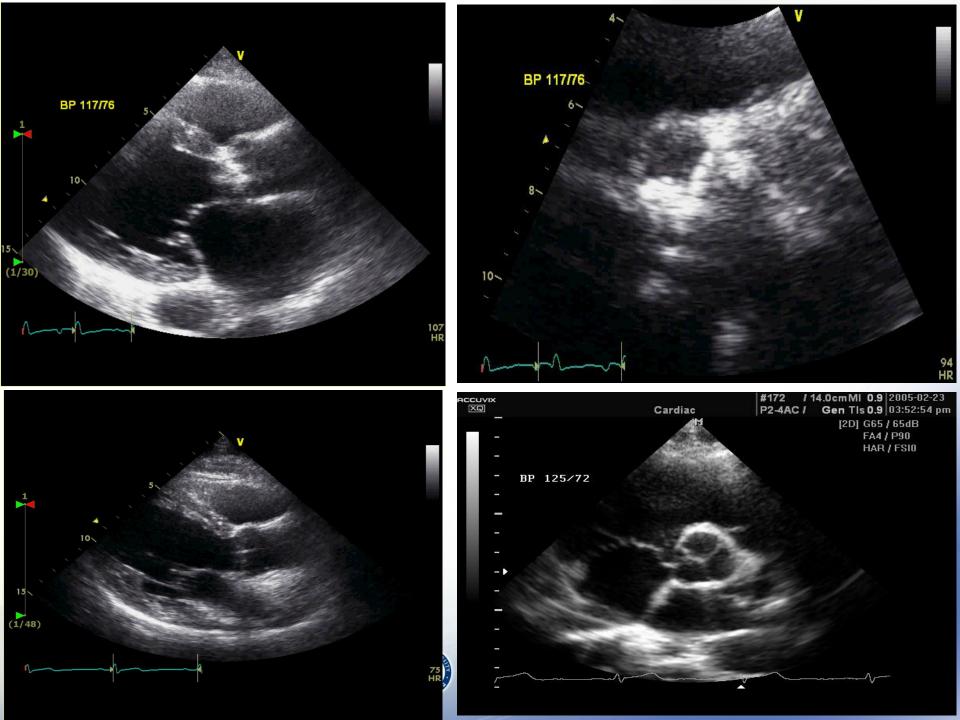


Severe AS TAVR 예정 시술 연기





6개월 후 ER CCU 입원

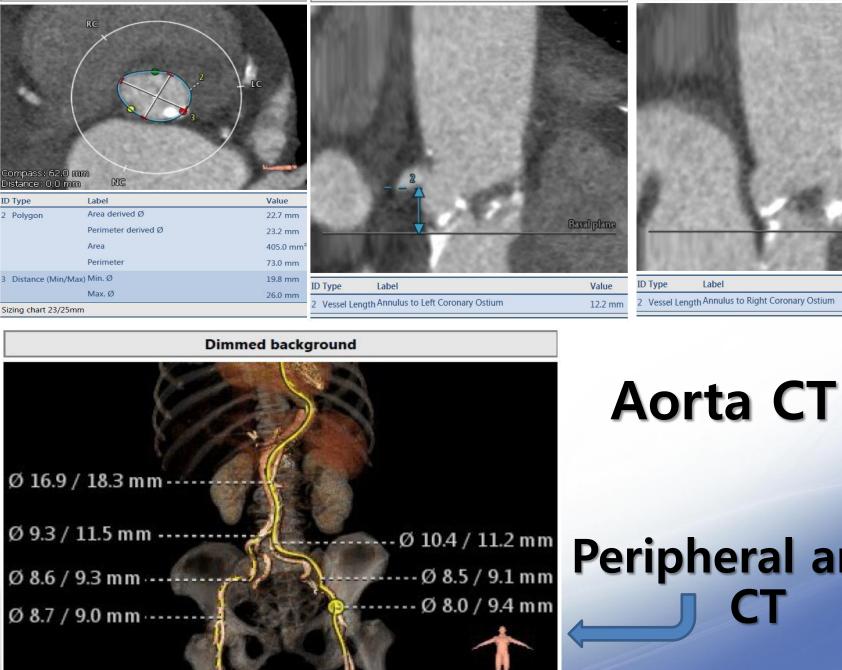


Pre evaluation: TEE, CT







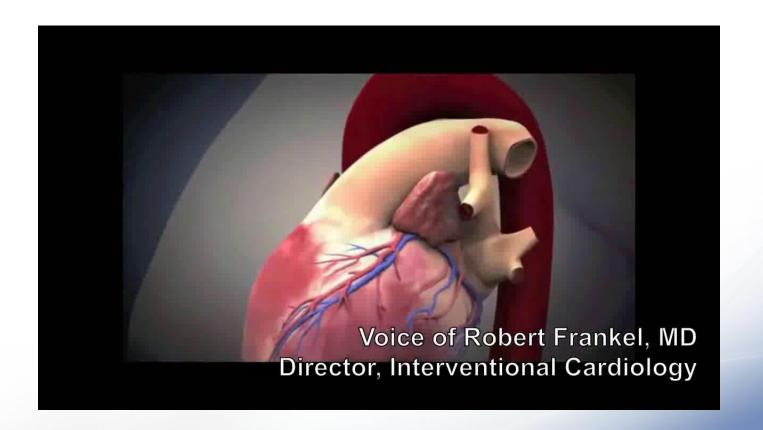


Annulus

LCA

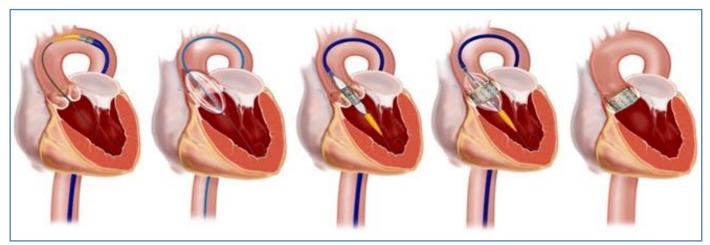


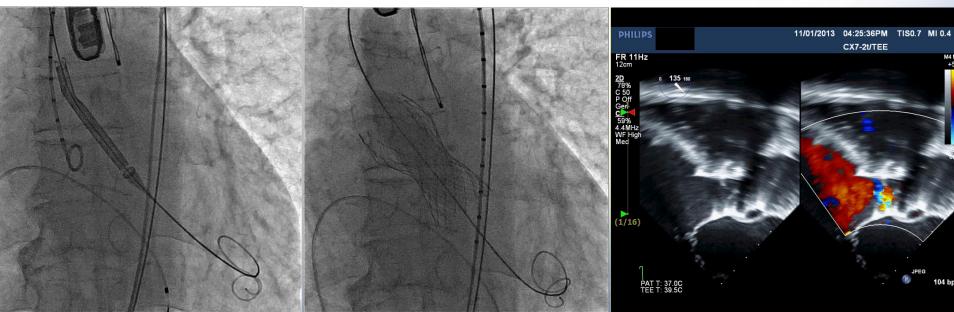
Peripheral artery



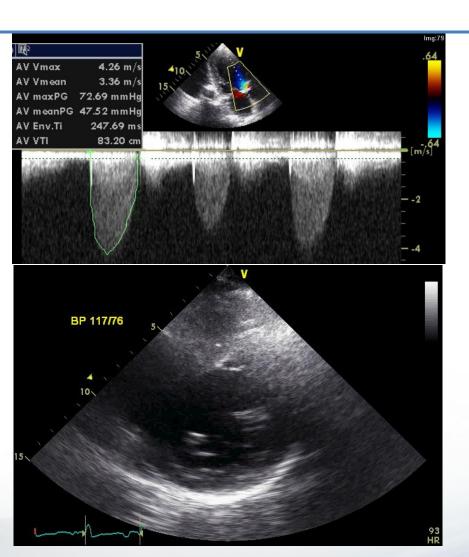


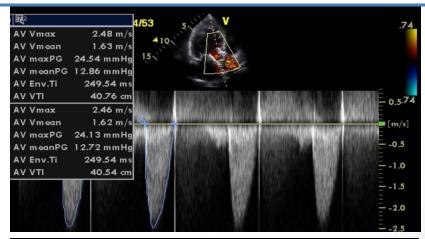
TAVR guided by TEE

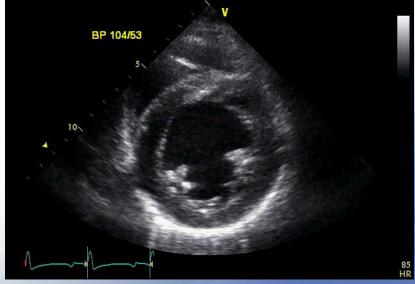




Successful TAVR







Before TAVR



After TAVR

M/72, AF, Recurrent stroke #Arrhythmia(AF)

- '04 Lacunar infarction
- '11.11 Lt basal ganglia infarction
- '11.12 Both middle artery infarction, mental change (본원, ER) AF (warfarin 2.5mg, INR 1.3, Pradaxa 150mg 2회/일)
- '12.3 S/P DC cardioversion,
- **12.6 S/P RFA**
- **'15.1 CVA->TIA**

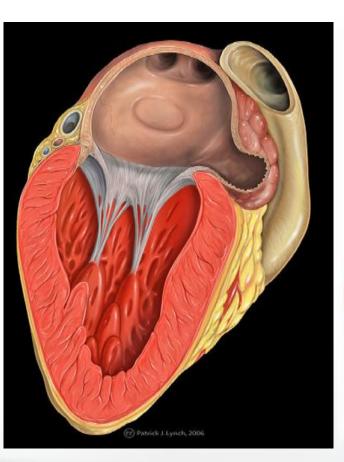
CHA2DS2-VASc Score for Atrial Fibrillation Stroke Risk: 4

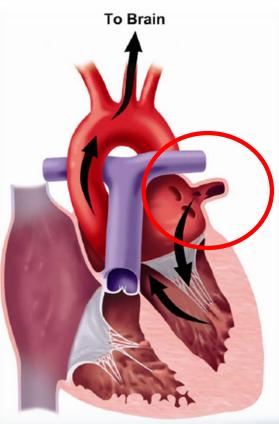
HAS-BLED Score for Major Bleeding Risk: 4

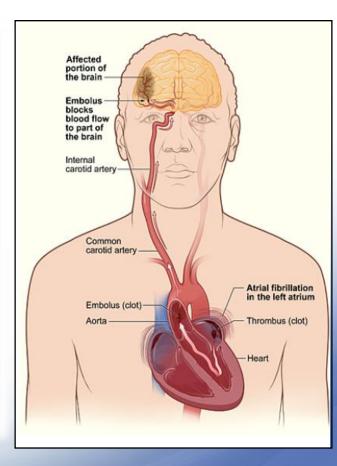
'15.2 WATCHMAN intervention



LAA clot & Stoke

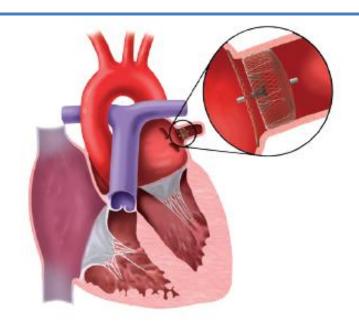








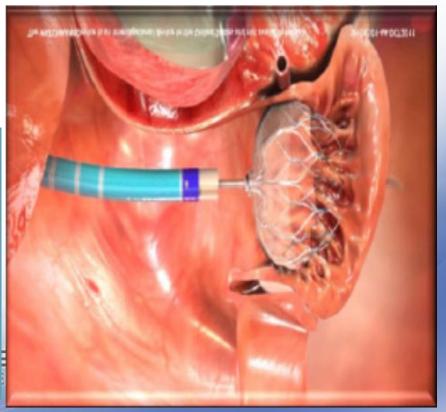
LAA occlusion-Watchman



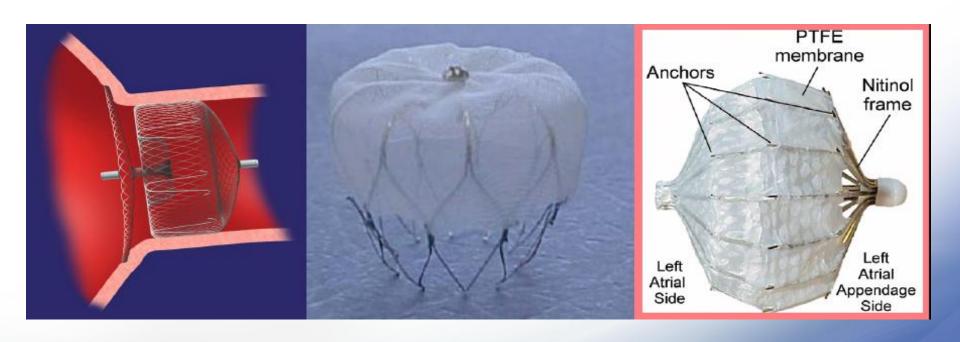
Plane of maximum diameter distal to ostium

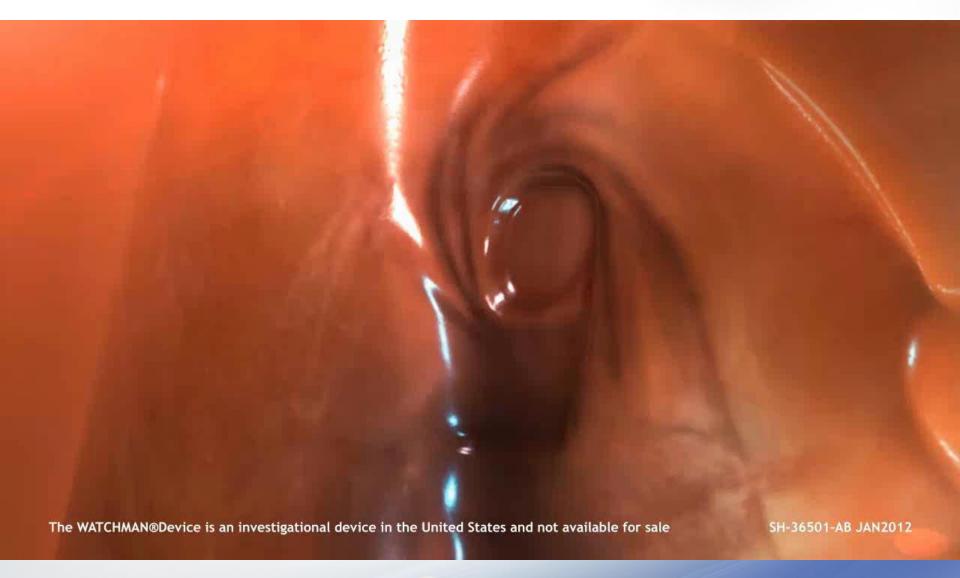
Fixation anchors engage LAA wall

- Indication
- Chronic AF
- Stoke
- Anticoagulation complication



LAA occuluder device

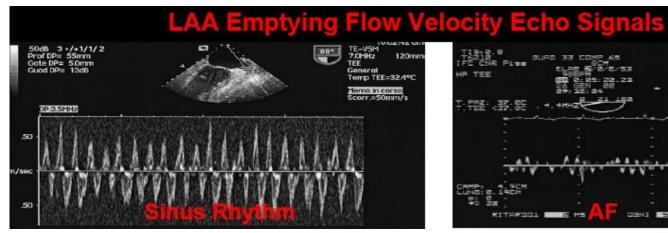






Pre evaluation: TEE, CT

LAA swirling, velocity for thrombus formation



Mean peak velocity 52 cm/s



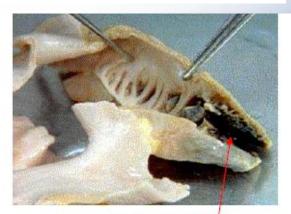
Mean peak velocity 26 cm/s



Left atrium with spontaneous echo contrast Thrombus Left atrial ppendage

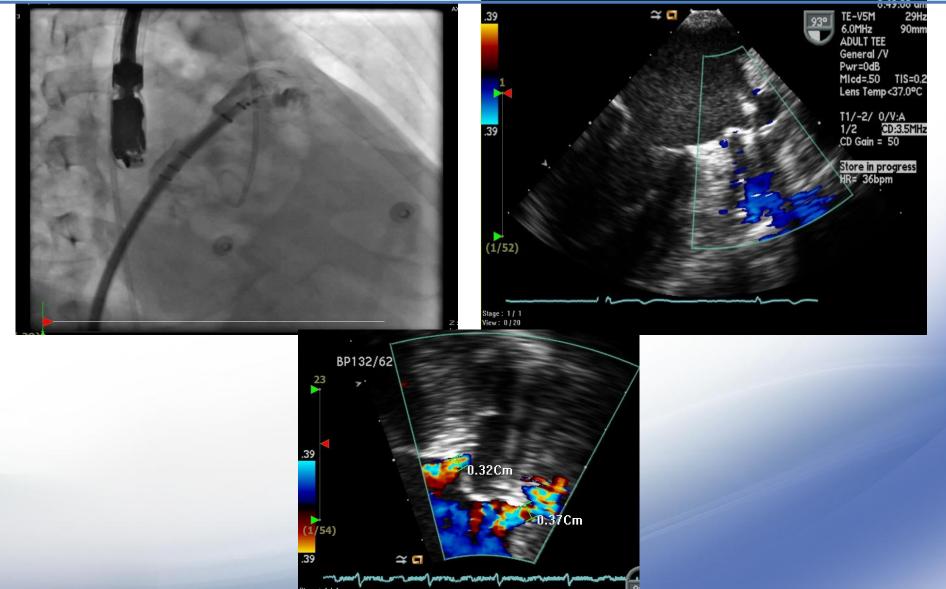
Clot in the LAA on MRI

Clot in the LAA on Echo



Thrombus

Watchman implantation guided by TEE



Take Home Message

Expand Nursing Specialty...





